

Residential Kit List

- Packed lunch for Day One
- Camping only: ground mat
- Sleeping bag and pillow, optional: additional blanket
- Nightwear
- Warm clothing
- Sunhat, sunscreen
- Torch and batteries
- Waterproof clothing
- Appropriate active wear (no jeans!)
- Clothing to cover shoulders, midriff, and upper thighs for activities
- Wet weather shoes / Wellingtons
- Bin liners for packing wet clothing
- Towel
- Reusable water bottle
- Toiletries
- Watersports: Old trainers (not crocs or flip flops), swimwear, towel.
- Optional: Money for on-site shop (recommended amount £10)
- Explorer Package ONLY:** Camping plate, bowl, knife, fork, spoon, mug

Day Visit Kit List

- Packed lunch
- Warm / waterproof clothing
- Sunhat, sunscreen
- Appropriate active wear (no jeans!)
- Tshirts/ tops must cover shoulders
- Reusable water bottle
- Optional: Money for on-site shop (recommended amount £10)

You are advised to clearly mark all property. We strongly advise that valuable items should not be brought to the course as we cannot guarantee or be liable for their safety from theft or damage.